



# AORA<sup>INDIA</sup> 2019

9<sup>th</sup> National Conference of the Academy of Regional Anaesthesia of India  
Organised by Department of Anaesthesia & Perioperative care, **GANGA HOSPITAL**  
04-07 July 2019 | Coimbatore | Venue: Hotel Le Meridien, Coimbatore, TN, INDIA

## SCIENTIFIC PROGRAMME

# PNS/LANDMARK TRACK



**SESSION 1 - BASICS OF PERIPHERAL NERVE BLOCKS (60 Minutes)**

1A	<i>Basic principle of PNS with functional anatomy</i>	15 Minutes
1B	<i>Setting up PNS and troubleshooting</i>	15 Minutes
1C	<i>Role of PNS in an era of UGRA</i>	15 Minutes
1D	<i>Perioperative management of patients with nerve block</i>	15 Minutes

**SESSION 2 - PNS GUIDED INTERSCALENE BRACHIAL PLEXUS BLOCK (60 Minutes)**

2A	<i>Anatomy of Interscalene brachial plexus</i>	10 Minutes
2B	<i>Indication, contraindication, complications</i>	10 Minutes
2C	<i>Which motor response to accept and which not to accept</i>	10 Minutes
2D	<i>Video of PNS guided Interscalene brachial plexus block</i>	10 Minutes
2E	<i>Practical tips for a successful PNS guided Interscalene block</i>	10 Minutes
2F	<i>Discussion</i>	10 Minutes

**SESSION 3 - PNS GUIDED SUPRACLAVICULAR BRACHIAL PLEXUS BLOCK (60 Minutes)**

3A	<i>Anatomy of supraclavicular brachial plexus</i>	10 Minutes
3B	<i>Indication, contraindication, complications</i>	10 Minutes
3C	<i>Which motor response to accept and which not to accept</i>	10 Minutes
3D	<i>Video of PNS guided supraclavicular brachial plexus block</i>	10 Minutes
3E	<i>Practical tips for a successful PNS guided supraclavicular block</i>	10 Minutes
3F	<i>Discussion</i>	10 Minutes

**SESSION 4 - MISCELLANEOUS (60 Minutes)**

4A	<i>How to master the art of PNS guided blocks</i>	15 Minutes
4B	<i>Cost effectiveness of PNS vs UGRA</i>	15 Minutes
4C	<i>Regional anesthesia for outpatient surgery</i>	15 Minutes
4D	<i>Neurologic complications of peripheral nerve block</i>	15 Minutes

**SESSION 5 - PNS GUIDED INFRACLAVICULAR BRACHIAL PLEXUS BLOCK (60 Minutes)**

5A	<i>Anatomy of Infraclavicular brachial plexus</i>	10 Minutes
5B	<i>Indication, contraindication, complications</i>	10 Minutes
5C	<i>Which motor response to accept and which not to accept</i>	10 Minutes
5D	<i>Video of PNS guided Infraclavicular brachial plexus block</i>	10 Minutes
5E	<i>Practical tips for a successful PNS guided Infraclavicular block</i>	10 Minutes
5F	<i>Discussion</i>	10 Minutes

**SESSION 6 - PNS GUIDED AXILLARY BRACHIAL PLEXUS BLOCK (60 Minutes)**

6A	<i>Anatomy of axillary brachial plexus</i>	10 Minutes
6B	<i>Indication, contraindication, complications</i>	10 Minutes
6C	<i>Which motor response to accept and which not to accept</i>	10 Minutes
6D	<i>Video of PNS guided axillary brachial plexus block</i>	10 Minutes
6E	<i>Practical tips for a successful PNS guided axillary block</i>	10 Minutes
6F	<i>Discussion</i>	10 Minutes

**CLOSURE OF DAY 1**

**SESSION 7 - PNS GUIDED LUMBOSACRAL PLEXUS BLOCK (60 Minutes)**

7A	<i>Anatomy of Lumbosacral plexus</i>	10 Minutes
7B	<i>Indication, contraindication, complications</i>	10 Minutes
7C	<i>Which motor response to accept and which not to accept</i>	10 Minutes
7D	<i>Video of PNS guided Lumbosacral plexus block</i>	10 Minutes
7E	<i>Practical tips for a successful PNS guided Lumbosacral plexus block</i>	10 Minutes
7F	<i>Discussion</i>	10 Minutes

**SESSION 8 - PNS GUIDED SCIATIC NERVE BLOCK (60 Minutes)**

8A	<i>Anatomy of Sciatic plexus</i>	10 Minutes
8B	<i>Indication, contraindication, different methods &amp; complications</i>	10 Minutes
8C	<i>Which motor response to accept and which not to accept</i>	10 Minutes
8D	<i>Video of PNS guided sciatic nerve block</i>	10 Minutes
8E	<i>Practical tips for a successful PNS guided sciatic nerve block</i>	10 Minutes
8F	<i>Discussion</i>	10 Minutes

**SESSION 9 - WHAT IS NEW IN PNS GUIDED BLOCK (50 Minutes)**

9A	<i>Stimulating catheter</i>	10 Minutes
9B	<i>Percutaneous nerve localization</i>	10 Minutes
9C	<i>Multistimulation techniques for peripheral nerve blocks</i>	10 Minutes
9D	<i>Injection and current delivery monitoring</i>	10 Minutes
9E	<i>Newer local anesthetics and adjuncts</i>	10 Minutes

**SESSION 10 - PNS GUIDED FEMORAL NERVE & 3 IN 1 BLOCK (60 Minutes)**

10A	<i>Anatomy of femoral nerve</i>	10 Minutes
10B	<i>Indication, contraindication, complications</i>	10 Minutes
10C	<i>Which motor response to accept and which not to accept</i>	10 Minutes
10D	<i>Video of PNS guided femoral nerve &amp; 3 in 1 block</i>	10 Minutes
10E	<i>Practical tips for a successful PNS guided femoral nerve &amp; 3 in 1 block</i>	10 Minutes
10F	<i>Discussion</i>	10 Minutes

**SESSION 11 - MISCELLANEOUS (60 Minutes)**

11A	<i>Documentation of block procedure</i>	10 Minutes
11B	<i>ASRA guidelines for Regional anesthesia in a patient on anticoagulant</i>	10 Minutes
11C	<i>Peripheral nerve blocks in a patient with preexisting neurologic disease</i>	10 Minutes
11D	<i>PNS guided thoracic blocks</i>	15 Minutes
11E	<i>PNS guided abdominal blocks</i>	15 Minutes

**SESSION 12 - PEDIATRIC REGIONAL ANAESTHESIA (50 Minutes)**

12A	<i>Anatomical difference between pediatric and adult nervous system</i>	10 Minutes
12B	<i>Pediatric blocks essentials</i>	10 Minutes
12C	<i>Common pediatric peripheral nerve blocks</i>	30 Minutes

**CLOSURE OF DAY 2**