AORA INDIA 2019

9th National Conference of the Academy of Regional Anaesthesia of India

Organised by Department of Anaesthesia & Perioperative care, **GANGA HOSPITAL**

04-07 July 2019 | Coimbatore | Venue: Hotel Le Meridien, Coimbatore, TN, INDIA

SCIENTIFIC PROGRAMME

USG TRACK

THE ESTEEMED **FACULTY**
in alphabetical order

INTERNATIONAL FACULTY

Prof Alan Willam Harrop-Griffiths
Dr Adrian Bosenberg
Prof Andre Van Zundert
Dr Christopher Hugh Mitchell
Dr Karen Boretsky
Dr Luc Sermeus
Prof Manoj Karmakar
Dr Manikandan R
Dr Michael Barrington
Dr Narinder Rawal
Prof Paul Kessler
Dr Rani Sunder
Dr Sanjay Sinha
Dr Sandeep Kulkarni
Dr Senthil kumaran
Prof Warwick Ngan Kee
Prof Vincent Chan
Dr Vladimir Cerny

NATIONAL FACULTY

Dr Amit Dixit
Dr Amjad Maniar
Dr C Sekar
Dr Deep Arora
Dr HH Dash
Dr Hetal Vadera
Dr Harshal Wagh
Dr J Balavenkat
Dr Jesto Kurien
Dr Murali Thondebhavi
Dr Ram Kumar
Dr Ritesh Roy
Dr Sandeep Diwan
Dr Siva Shanmugam
Dr Subramanyam Mahankali
Dr Sudhakar Koppad
Dr S Rajasekaran
Dr TVS Gopal
Dr Vrushali Ponde
Gp Capt Akshaya K Baral

HALL A

AORA2019 - SCIENTIFIC PROGRAM

CONFERENCE DAY 01
Friday, 05 July 2019

REGISTRATIONS: 6.30 to 7.30 am

FOCUS SESSION: 7.30 to 8.00 am

High Definition Ultrasound Imaging of the Brachial Plexus and Recent Refinements in Brachial Plexus Blockade	**Prof Manoj Karmakar,** *Hong Kong*

PLENARY TALKS: 8.00 to 10.00 am

8.00 to 8.20	*Point of care Ultrasound*	**Prof Vincent Chan,** *Canada*
8.20 to 8.40	*Updates on Anticoagulation and Regional Anesthesia: What Really Matters and What Not So Much?*	**Prof Paul Kessler,** *Germany*
8.40 to 9.00	*Resurgence in blocks of Lower Limb in modern anaesthesia*	**Dr TVS Gopal,** *Hyderabad*
9.00 to 9.20	*Thoracic Paravertebral Block for Surgical Anesthesia during Major Breast Cancer Surgery. The Science Behind and Lessons Learnt*	**Dr Manoj Karmakar,** *Hong Kong*
9.20 to 9.40	*Tips and tricks for teaching and learning regional anaesthesia*	**Dr Michael Barrington,** *Australia*
9.40 to 10.00	*Question & Answer Session*	

KEY NOTE ADDRESS: 10.00 to 10.30 am — Dr S Rajasekaran, *India*

10.30 - 11.00 AM — TEA BREAK

FOCUS SESSION: 11.00 to 11.40 am

11.00 to 11.20	*Ultrasound guided Spinal: How I do it*	**Dr Luc Sermeus,** *Belgium*
11.20 to 11.40	*"Inject and Dissect" an emerging ultrasound cadaveric concept*	**Dr Sandeep Diwan,** *Pune*

CLINICAL SESSIONS: 11.40 am to 1.00 pm

11.40 to 11.55	*Safety and Regional Anaesthesia*	**Prof William Harrop Griffiths,** *UK*
11.55 to 12.10	*The advantages of neonatal regional anaesthesia*	**Dr Adrian Bosenberg,** *USA*
12.10 to 12.25	*Local Anaesthetics and adjuvants in children: which, how much & why?*	**Dr Karen Boretsky,** *USA*
12.25 to 12.40	*Glycocalx and Anaesthesia: interesting difference between GA and RA:*	**Dr Vladimir Cerny,** *Czech Republic*
12.40 to 12.55	*Regional Anaesthesia for caesarean section: An insight*	**Prof Warwick Ngan Kee,** *Qatar*
12.55 to 1.00	*Question & Answer Session*	

1.00 - 2.00 pm — LUNCH BREAK

HALL A

AORA2019 - SCIENTIFIC PROGRAM

CONFERENCE DAY 01
Friday, 05 July 2019

CLINICAL SESSIONS: 2.00 to 3.00 pm

2.00 to 2.15	*Organisational aspects of RA Blocks in the operating complex*	**Prof Andre Van Zundert,** *Australia*
2.15 to 2.30	*Analgesia after Total Knee Replacement: Challenges and Solutions*	**Dr Sanjay Sinha,** *USA*
2.30 to 2.45	*Regional Anaesthesia in pediatrics: an insight*	**Dr Vrushali Ponde,** *Mumbai*
2.45 to 3.00	*The role of local anaesthetic volume in Ultrasound Guided Regional Anaesthesia*	**Dr Amjad Maniar,** *Bangalore*

VIDEO SESSION: 3.00 to 4.10 pm

How I do Session. USG Video Session

3.00 to 3.10	*Quadratus Lumborum Block*	**Dr Amit Dikshit,** *Pune*
3.10 to 3.20	*Intermediate Cervical Plexus Block*	**Dr Sudhakar Koppad,** *Bangalore*
3.20 to 3.30	*Serratus Anterior Plane block*	**Prof Michael Barrington,** *Australia*
3.30 to 3.40	*Continuous Erector Spinae Block in Thoracic region*	**Dr Ramkumar,** *Bangalore*
3.40 to 3.50	*Erector Spinae block in Lower Lumbar region*	**Dr Deep Arora,** *New Delhi*
3.50 to 4.00	*Ultrasound guided 4 in 1 block for knee and below knee surgeries*	**Dr Ritesh Roy,** *Bhubaneshwar*
4.00 to 4.10	*Continuous perineural catheter for upper limb procedure*	**Dr Manikandan R,** *Canada*

PRO CON SESSION: 4.10 to 4.30 pm

4.10 to 4.20	*Do Adjuvants Consistently Prolong Duration of Blocks ? - Yes*	**Dr T Sivashanmugam,** *Pondy*
4.20 to 4.30	*Do Adjuvants Consistently Prolong Duration of Blocks ? - No*	**Prof William Harrop Griffiths,** *UK*

CLINICAL SESSION: 4.30 to 4.45 pm

My preferred regimen to prolong duration of analgesia following peripheral nerve blocks	**Dr Sandeep Kulkarni,** *Qatar*

4.45 to 5.15 PM — **TEA BREAK**

CULTURAL CORNER

5.15 to 6.00	*A dynamic Kathak presentation by Seema Mehta and Chhandam Dance Ensemble, Mumbai*

INAGURATION: 6.00 to 6.20 pm

6.20 to 7.30	*Dr Ravindra Bhat Oration*	**Dr William Harrop Griffiths,** *UK*

7.30 pm — **INTERNATIONAL EVENING + MUSIC & DINNER**

FOCUS SESSION: 7.30 to 8.00 am

Perineural, Subparaneural, Intracluster, Intraneural, Extrafascicular, Intrafascicular: Does the Terminology Really Matter?	**Prof Manoj Karmakar,** *Hong Kong*

LIVE NERVE BLOCK WORKSHOP: 8.00 to 10.00 am

Floor Coordinators	***Dr Sudhakar Koppad,*** *Bangalore* ***Dr Harshal Wagh,*** *Mumbai* ***Dr Jesto Kurian,*** *Kochi*

FOCUS SESSION: 10.00 to 10.30 am

Outcomes after RA, short term & long term	**Prof Vincent Chan,** *Canada*

10.30 - 11.00 AM **TEA BREAK**

FOCUS SESSION: 11.00 to 11.50 am

11.00 to 11.30	*An update on Interfacial Plane Blocks: Anatomical concepts, mechanisms, techniques and indications*	**Prof Michael Barrington,** *Australia*
11.30 to 11.50	*Optimal ultrasound guided needling skills - a method to make all blocks easier*	**Dr Christopher Hugh Mitchell,** *Australia*

CLINICAL SESSIONS: 11.50 am to 1.00 pm

11.50 TO 12.05	*The obese patient - a challenge for ultrasound-guided blocks*	**Prof Paul Kessler,** *Germany*
12.05 to 12.20	*Procedure-specific postoperative pain management (PROSPECT)*	**Prof Narinder Rawal,** *Sweden*
12.20 to 12.35	*Controversies in Regional Anesthesia*	**Dr Adrian Bosenberg,** *USA*
12.35 to 12.50	*Anesthesia in ICRC & Resource limited Situations*	**GP CAPT Akshaya Kumar Baral,** *India*
12.50 to 1.00	*Question & Answer Session*	

1.00 - 2.00 pm **LUNCH BREAK**

MISCELLANEOUS SESSION: 2.00 to 3.00 pm

2.00 to 2.15	*Pain relief in Trauma: Lessons learnt*	**Dr J Balavenkatasubramanian,** *Coimbatore*
2.15 to 2.30	*Role of regional anaesthesia in managing intracranial vasospasm following subarachnoid haemorrhage*	**Dr H H Dash,** *New Delhi*
2.30 to 2.45	*How not to be STUPID?*	**Dr Murali Thondebhavi,** *Bangalore*
2.45 to 3.00	*Why do we make bad clinical decisions and can we avoid them*	**Dr Senthil Kumaran,** *UK*

VIDEO SESSION: 3.00 to 4.00 pm

How I do it ?

3.00 to 3.10	*Suprainguinal approach to Fascia Iliaca Block*	**Dr Karen Boretsky,** *USA*
3.10 to 3.20	*PENG Block*	**Dr Amjad Maniar,** *Bangalore*
3.20 to 3.30	*Costoclavicular Block*	**Dr Hetalkumar Vadera,** *Rajkot*
3.30 to 3.40	*Supraaxillary Block*	**Dr C Sekar,** *Coimbatore*
3.40 to 3.50	*Pudendal nerve block in paediatrics*	**Dr Rani Sunder,** *USA*
3.50 to 4.00	*Sciatic Block: Anterior approach*	**Dr Subramanyam Mahankali,** *Bangalore*

PANEL DISCUSSION: *REGIONAL ANAESTHESIA COMPLICATIONS AND MANAGEMENT*

4.00 to 4.45	**MODERATOR**	**Prof Michael Barrington,** *Australia*
	PANELISTS	**Prof Vincent Chan,** *Canada* **Prof Paul Kessler,** *Germany* **Dr TVS Gopal,** *Hyderabad* **Dr Luc Sermeus,** *Belgium* **Dr Adrian Bosenberg,** *USA*

4.45 to 5.30 PM — **INTERNATIONAL QUIZ FINAL**

5.30 to 5.45 PM — **VALEDICTORY & PASSING THE BATON TO AORA 2020**

5.45 PM — **HIGH TEA**