



AORA ²⁰19

9th National Conference of the Academy of Regional Anaesthesia of India

Organised by Department of Anaesthesia & Perioperative care, **GANGA HOSPITAL**

04-07 July 2019 | Coimbatore | Venue: Hotel Le Meridien, Coimbatore, TN, INDIA

SCIENTIFIC PROGRAMME

USG TRACK



THE ESTEEMED FACULTY

in alphabetical order



INTERNATIONAL FACULTY

Prof Alan Willam Harrop-Griffiths
Dr Adrian Bosenberg
Prof Andre Van Zundert
Dr Christopher Hugh Mitchell
Dr Karen Boretsky
Dr Luc Sermeus
Prof Manoj Karmakar
Dr Manikandan R
Dr Michael Barrington

Dr Narinder Rawal
Prof Paul Kessler
Dr Rani Sunder
Dr Sanjay Sinha
Dr Sandeep Kulkarni
Dr Senthil kumaran
Prof Warwick Ngan Kee
Prof Vincent Chan
Dr Vladimir Cerny

NATIONAL FACULTY

Dr Amit Dikshit
Dr Amjad Maniar
Dr Anjolie Chabra
Dr C Sekar
Dr Deep Arora
Dr Deepa Kane
Dr Harshal Wagh
Dr Hetal Vadera
Dr Hh Dash
Dr Himjyoti Das
Dr Ilayavendan

Dr J Balavenkat
Dr Javed Khan
Dr Jestu Kurian
Dr Murali Thondebhavi
Dr Ram Kumar
Dr Ritesh Roy
Dr Rupinder Singh
Dr S Rajasekaran
Dr Sachin George
Dr Sandeep Diwan
Dr Satish Krishna Kulkarni

Dr Siva Shanmugam
Dr Somita Christopher
Dr Subramanyam Mahankali
Dr Sudhakar Koppad
Dr Surajit Giri
Dr Tvs Gopal
Dr Vaibhavi Upadhye
Dr Vrushali Ponde
Gp Capt Akshaya K Baral

REGISTRATIONS: 6.30 to 7.30 am

FOCUS SESSION: 7.30 to 8.00 am

MODERATORS: Dr Sandeep Diwan, Pune | Dr Satish Kulkarni, Mumbai | Dr Amjad Maniar, Bangalore

High Definition Ultrasound Imaging of the Brachial Plexus and Recent Refinements in Brachial Plexus Blockade

Prof Manoj Karmakar, Hong Kong

PLENARY TALKS: 8.00 to 10.00 am

MODERATORS: Dr Satish Kulkarni, Mumbai | Dr Amjad Maniar, Bangalore

8.00 to 8.20 *Point of care Ultrasound*

Prof Vincent Chan, Canada

8.20 to 8.40 *Updates on Anticoagulation and Regional Anesthesia: What Really Matters and What Not So Much?*

Prof Paul Kessler, Germany

8.40 to 9.00 *Resurgence in blocks of Lower Limb in modern anaesthesia*

Dr TVS Gopal, Hyderabad

9.00 to 9.20 *Thoracic Paravertebral Block for Surgical Anesthesia during Major Breast Cancer Surgery. The Science Behind and Lessons Learnt*

Dr Manoj Karmakar, Hong Kong

9.20 to 9.40 *Tips and tricks for teaching and learning regional anaesthesia*

Dr Michael Barrington, Australia

9.40 to 10.00 *Question & Answer Session*

KEY NOTE ADDRESS: 10.00 to 10.30 am

Dr S Rajasekaran, India

10.30 - 11.00 AM

TEA BREAK



FOCUS SESSION: 11.00 to 11.40 am

MODERATORS: Dr Vrushali Ponde | Dr Deep Arora, New Delhi | Dr Javed Khan, Indore

11.00 to 11.20 *Ultrasound guided Spinal: How I do it*

Dr Luc Sermeus, Belgium

11.20 to 11.40 *"Inject and Dissect" an emerging ultrasound cadaveric concept*

Dr Sandeep Diwan, Pune

CLINICAL SESSIONS: 11.40 am to 1.00 pm

MODERATORS: Dr Vrushali Ponde | Dr Deep Arora, New Delhi | Dr Javed Khan, Indore

11.40 to 11.55 *Safety and Regional Anaesthesia*

Prof William Harrop Griffiths, UK

11.55 to 12.10 *The advantages of neonatal regional anaesthesia*

Dr Adrian Bosenberg, USA

12.10 to 12.25 *Local Anaesthetics and adjuvants in children: which, how much & why?*

Dr Karen Boretsky, USA

12.25 to 12.40 *Glycocalx and Anaesthesia: interesting difference between GA and RA:*

Dr Vladimir Cerny, Czech Republic

12.40 to 12.55 *Regional Anaesthesia for caesarean section: An insight*

Prof Warwick Ngan Kee, Qatar

12.55 to 1.00 *Question & Answer Session*

1.00 - 2.00 pm

LUNCH BREAK



CLINICAL SESSIONS: 2.00 to 3.00 pm
MODERATORS: Dr Darto Satoto, Indonesia | Dr Sachin George, Kochi | Dr Anjolie Chabra, New Delhi

2.00 to 2.15	Organisational aspects of RA Blocks in the operating complex	Prof Andre Van Zundert, Australia
2.15 to 2.30	Analgesia after Total Knee Replacement: Challenges and Solutions	Dr Sanjay Sinha, USA
2.30 to 2.45	Regional Anaesthesia in pediatrics: an insight	Dr Vrushali Ponde, Mumbai
2.45 to 3.00	The role of local anaesthetic volume in Ultrasound Guided Regional Anaesthesia	Dr Amjad Maniar, Bangalore

VIDEO SESSION: 3.00 to 4.10 pm
MODERATORS: Dr Ashit Mehta, Solapur | Dr Deepa Kane, Mumbai | Dr Rani Sunder, USA

How I do Session. USG Video Session

3.00 to 3.10	Quadratus Lumborum Block	Dr Amit Dikshit, Pune
3.10 to 3.20	Intermediate Cervical Plexus Block	Dr Sudhakar Koppad, Bangalore
3.20 to 3.30	Serratus Anterior Plane block	Prof Michael Barrington, Australia
3.30 to 3.40	Continuous Erector Spinae Block in Thoracic region	Dr Ramkumar, Bangalore
3.40 to 3.50	Erector Spinae block in Lower Lumbar region	Dr Deep Arora, New Delhi
3.50 to 4.00	Ultrasound guided 4 in 1 block for knee and below knee surgeries	Dr Ritesh Roy, Bhubaneswar
4.00 to 4.10	Continuous perineural catheter for upper limb procedure	Dr Manikandan R, Canada

PRO CON SESSION: 4.10 to 4.30 pm
MODERATORS: Prof Maria Calimag, Phillipines | Dr Avnish Bharadwaj, Jaipur | Dr Hetal Vadera, Rajkot

4.10 to 4.20	Do Adjuvants Consistently Prolong Duration of Blocks ? - Yes	Dr T Sivashanmugam, Pondy
4.20 to 4.30	Do Adjuvants Consistently Prolong Duration of Blocks ? - No	Prof William Harrop Griffiths, UK

CLINICAL SESSION: 4.30 to 4.45 pm
MODERATORS: Prof Maria Calimag, Phillipines | Dr Avnish Bharadwaj, Jaipur | Dr Hetal Vadera, Rajkot

My preferred regimen to prolong duration of analgesia following peripheral nerve blocks	Dr Sandeep Kulkarni, Qatar
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4.45 to 5.15 PM
TEA BREAK

CULTURAL CORNER

5.15 to 6.00	A dynamic Kathak presentation by Seema Mehta and Chhandam Dance Ensemble, Mumbai
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INAGURATION: 6.00 to 6.45 pm

6.45 to 7.45	Dr Ravindra Bhat Oration	Dr William Harrop Griffiths, UK
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7.45 pm
INTERNATIONAL EVENING + MUSIC & DINNER


FOCUS SESSION: 7.30 to 8.00 am

MODERATORS: Dr Sudhakar Koppad, Bangalore | Dr Amit Dikshit, Pune | Dr Harshal Wagh, Mumbai

*Perineural, Subparaneural, Intracluster, Intraneural, Extradiscal, Intrafascicular:
Does the Terminology Really Matter?*

Prof Manoj Karmakar, Hong Kong

LIVE NERVE BLOCK WORKSHOP: 8.00 to 10.00 am

MODERATORS: Dr Sudhakar Koppad, Bangalore | Dr Amit Dikshit, Pune | Dr Harshal Wagh, Mumbai

Floor Coordinators

Dr Sudhakar Koppad, Bangalore
Dr Harshal Wagh, Mumbai
Dr Jestu Kurian, Kochi

Faculty

Dr TVS Gopal, Hyderabad
Dr Sandeep Diwan, Pune
Dr Vrushali Ponde, Mumbai
Dr Amjad Maniar, Bangalore
Dr J Balavenkat, Coimbatore
Dr Deep Arora, New Delhi
Dr C Sekar, Coimbatore
Dr Surajit Giri, Siusagar

FOCUS SESSION: 10.00 to 10.30 am

MODERATORS: Dr Sudhakar Koppad, Bangalore | Dr Amit Dikshit, Pune | Dr Harshal Wagh, Mumbai

Outcomes after RA, short term & long term

Prof Vincent Chan, Canada

10.30 - 11.00 AM

TEA BREAK



FOCUS SESSION: 11.00 to 11.50 am

MODERATORS: Dr Anju Gupta, New Delhi | Dr Om Prakash, New Delhi | Dr Somita Christopher, Hyderabad

11.00 to 11.30

An update on Interfacial Plane Blocks: Anatomical concepts, mechanisms, techniques and indications

Prof Michael Barrington, Australia

11.30 to 11.50

Optimal ultrasound guided needling skills - a method to make all blocks easier

Dr Christopher Hugh Mitchell, Australia

CLINICAL SESSIONS: 11.50 am to 1.00 pm

MODERATORS: Dr Anju Gupta, New Delhi | Dr Om Prakash, New Delhi | Dr Somita Christopher, Hyderabad

11.50 TO 12.05

The obese patient - a challenge for ultrasound-guided blocks

Prof Paul Kessler, Germany

12.05 to 12.20

Procedure-specific postoperative pain management (PROSPECT)

Prof Narinder Rawal, Sweden

12.20 to 12.35

Controversies in Regional Anesthesia

Dr Adrian Bosenberg, USA

12.35 to 12.50

Anesthesia in ICRC & Resource limited Situations

GP CAPT Akshaya Kumar Baral, India

12.50 to 1.00

Question & Answer Session

1.00 - 2.00 pm

LUNCH BREAK



MISCELLANEOUS SESSION: 2.00 to 3.00 pm

MODERATORS: Dr Subramanyam Mahankali, Bangalore | Dr T Jitendra, Kochi | Dr Ashok Jadon, Jamshedpur

2.00 to 2.15	Pain relief in Trauma: Lessons learnt	Dr J Balavenkatasubramanian, Coimbatore
2.15 to 2.30	Role of regional anaesthesia in managing intracranial vasospasm following subarachnoid haemorrhage	Dr H H Dash, New Delhi
2.30 to 2.45	How not to be STUPID?	Dr Murali Thondebhavi, Bangalore
2.45 to 3.00	Why do we make bad clinical decisions and can we avoid them	Dr Senthil Kumaran, UK

VIDEO SESSION: 3.00 to 4.00 pm

MODERATORS: Dr Subramanyam Mahankali, Bangalore | Dr T Jitendra, Kochi | Dr Ashok Jadon, Jamshedpur

How I do it ?

3.00 to 3.10	Suprainguinal approach to Fascia Iliaca Block	Dr Karen Boretsky, USA
3.10 to 3.20	PENG Block	Dr Amjad Maniar, Bangalore
3.20 to 3.30	Costoclavicular Block	Dr Hetalkumar Vadera, Rajkot
3.30 to 3.40	Supraaxillary Block	Dr C Sekar, Coimbatore
3.40 to 3.50	Pudendal nerve block in paediatrics	Dr Rani Sunder, USA
3.50 to 4.00	Sciatic Block: Anterior approach	Dr Subramanyam Mahankali, Bangalore

PANEL DISCUSSION: REGIONAL ANAESTHESIA COMPLICATIONS AND MANAGEMENT

SESSION MODERATORS: Dr Ritesh Roy, Bhubaneswar | Dr Vaibhavi Upadhye, Pune | Dr V Surendranath, Chennai

4.00 to 4.45	MODERATOR	Prof Michael Barrington, Australia
	PANELISTS	Prof Vincent Chan, Canada Prof Paul Kessler, Germany Dr TVS Gopal, Hyderabad Dr Luc Sermeus, Belgium Dr Adrian Bosenberg, USA



4.45 to 5.00 PM

JAM FINAL



SESSION MODERATORS: Dr Ritesh Roy, Bhubaneswar | Dr Vaibhavi Upadhye, Pune | Dr V Surendranath, Chennai

5.00 to 5.45 PM

INTERNATIONAL QUIZ FINAL



MODERATORS: Dr Ilayavendan, Coimbatore | Dr Jestu Kurian, Kochi

5.45 to 6.00 PM

VALEDICTORY & PASSING THE BATON TO AORA 2020

6.00 PM

HIGH TEA

