

## CURRICULUM VITAE

NAME : SOMITA CHRISTOPHER  
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EDUCATION:  
DEC-1996 : MBBS, CHRISTIAN MEDICAL COLLEGE,  
LUDHIANA ,PUNJAB

JUNE 2003 : MD, ANESTHESIOLOGY, CHRISTIAN MEDICAL  
COLLEGE LUDHIANA,PUNJAB

### CLINICAL EXPERIENCE:

RESIDENT (POST MBBS)  
DURATION : 2 YEARS (JUNE 1997-JUNE 1999)  
INSTITUTION : DEPARTMENT OF ANESTHESIOLOGY,  
FRANCIS NEWTON HOSPITAL ,FEROZEPUR , PUNJAB

SENIOR RESIDENT  
DURATION : 6 MONTHS (JUNE 1999-DECEMBER 2000)  
INSTITUTION : DEPARTMENT OF MICROBIOLOGY,  
CHRISTIAN MEDICAL COLLEGE ,LUDHIANA,PUNJAB

SENIOR REGISTRAR (POST MD)  
DURATION : 2003-2006  
INSTITUTION : CARE INSTITUTE OF MEDICAL  
SCIENCES, BANJARA HILLS ,HYDERABAD

CONSULTANT  
DURATION : 2006 – TILL DATE WITH AXON ANESTHESIA  
ASSOCIATES. CARE HOSPITALS.HYDERABAD

POST GRADUATE STUDENT IN ANESTHESIOLOGY

DURATION : 3YEARS (JUNE 2000-JUNE 2003)  
INSTITUTION : CHRISTIAN MEDICAL COLLEGE,  
LUDHIANA, PUNJAB

**CLINICAL SKILLS ACQUIRED :**

1. Adult cardiac life support
2. Administering and managing both GA and TIVA.
3. Regional Anesthesia- Spinal, Epidural, ultrasound guided upper and lower extremity and abdominal blocks
4. Central venous Access.
5. Arterial Access and monitoring.
6. Ventilator Management and Management of critically ill patients.

**RESEARCH WORK :**

1. Thesis for MD-Ambulatory labour analgesics- comparison on with 0.08% bupivacaine with fentanyl and 0.25% bupivacaine.
2. Thesis guide for DNB candidates

**CME's / CONFERENCE ATTENDED :**

1. HYCOME 2009 conducted by South Zone Branch in Hyderabad.
2. Advanced regional Anesthesia and ultra sound workshop in 2007 at CARE Hospitals, Hyderabad.
3. NZ ISACON in 2002 at Patiala.
4. Beninial workshop of RSACP, PGIMER, Chandigarh in 2003.
5. Attended PALS program in 2007 organized by American Academy of Pediatrics at Rainbow Hospital, Hyderabad.
- 6 Attended HYCOME ISA in 2005
7. Attended 57<sup>th</sup> Annual National Conference of Indian Society of Anaesthesiologists in 2009
8. Attended Critical Care Symposium in October 2010 at Chennai
9. Attended 'Ultrasound Guided Nerve Block workshop at 9<sup>th</sup> Congress of SAARC in Aug 2011
10. Faculty in 4<sup>th</sup> National Conference of Obstetric Anaesthesiologists in sep 2011 at Hyderabad
- 11 Associate Faculty in ARAU Workshop at Hyderabad in Oct 2012
12. Attended 2<sup>nd</sup> National Conference of AORA in April 2012 at Coimbatore as faculty
- 13 Faculty at 3<sup>rd</sup> AORA in June at Pune for conference and workshop
14. Faculty for 8<sup>th</sup> ARAU held on Nov 2013 at Hyderabad

15. Participated as faculty in the CME ON “Ambulatory Anesthesia” conducted at Hyd in Nov 2014
16. Faculty at Telangana State 1<sup>st</sup> ISA conference in July 2015 at Hyderabad
17. Faculty in 5<sup>th</sup> National Conference of AORA in Sept 2015 in Bengaluru
18. Faculty at 9<sup>th</sup> ARAU Workshop held in Feb 2015 in Hyderabad
19. Participated in 31<sup>st</sup> Annual South Zone Conference in Aug 2015 at Kovalam ,Trivandrum
20. Faculty at AORA-2016 at Hyderabad in Sept 2016
21. Faculty at AORA -2017 at Indore in Sept 2017
22. Faculty at 10<sup>th</sup> ARAU Workshop to be held in Hyderabad on Jan 27<sup>th</sup> and 28 2018.
23. Faculty at USGRA Workshop at Vijaywada on June 24<sup>th</sup> ,2018
24. Participated in CME HYCOME on “Obstetric Anesthesia” on Sept 2018
25. Faculty at USGRA at Tirupati in April ,2018
26. Faculty at AORA Thiruvanthapuram 2018
27. Faculty for Hyderabad Surgeons Meet in Jan 2019

### **PAPER PRESENTED :**

1. Caudal vs Penile block for post-op pain relief in children for urological procedures at NZ-ISACON in 2002.
2. USG unilateral Rectus Sheath and TAP blocks for CAPD Catheter placement at ISACON 2009
3. Presented PAPER titled ‘Ultrasound guided unilateral subcostal and transverse abdominis plane blocks for CAPD catheter placement at 9<sup>th</sup> Congress of SAARC in Aug 2011 at Bengaluru
4. Presented a paper titled ‘Ultrasound guided low dose interscalene blocks for manipulation of frozen shoulder –a review of 40 cases at 2<sup>nd</sup> National Conference of AORA in Aug 2012 at Ciombatore
5. Presented E-poster at 64<sup>th</sup> Annual National Conference of ISA held in Nov 2016 at Ludhiana ,Punjab

### **PUBLICATIONS**

1. Lumbar plexus and sciatic nerve blocks for fixation of Proximal femoral fractures in patients with multiple co-morbidities. Somita Christopher. TVS .Gopal ,K.Prakash. The Indian Anaesthetist forum. June 2014;15(7):1-6
2. Role of regional anesthesia for placement of peritoneal dialysis catheter under ultrasound guidance: Our experience with 52 end stage renal disease patients. Saudi J Anaesth 2015 ;9 :132-5
3. Letter to Editor :Pectoral nerve–II block for chronic resynchronization therapy device placement : A novel approach. Somita Christopher .TVS Gopal. The Indian Anesthetists Forum .2018 .Volume 18 Issue 1 ( p 32-33)

